

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Soft boiled egg Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Waffles with maple syrup Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Hash browns and scrambled egg Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Hot butter croissants Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cottage pie Or Sausage plait	Roasted butternut squash risotto Or Sweet and sour quorn chicken served with boiled rice.	Beef Lasagna and garlic bread or Chicken strips on a bed of tagliatelle with tomato and roasted red pepper sauce	Sausage and lentil casserole Or Pork chops served with creamy mash potato	Cod and pancetta fish cakes Or Fish and chips with peas		
Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Vegetarian choices available
Selection of cold desserts, fresh fruit and yogurts	Selection of cold desserts, fresh fruit and yogurts	Selection of cold desserts, fresh fruit and yogurts	Selection of cold desserts, fresh fruit and yogurts	Selection of cold desserts, fresh fruit and yogurts	Selection of cold desserts, fresh fruits and yogurts	
EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL
Gammon steaks with cubed potatoes and chorizo.	Vegi burgers served in a Wholemeal bap and burger relish. Served with Sweet potato fries	Soup and sandwich selection Or Hot dish of the day	Kofta kebabs with flatbread shredded cabbage and garlic mayo Or Leek and potato soup	Long weekend		
Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available
Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts