

Boarders

	Breakfast	Evening Meal	Supper
Monday	Soft boiled eggs with toast soldiers	Mild beef chilli and rice Or beef curry and rice	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Tuesday	Traditional full English breakfast. To include smoked bacon, sausage, beans, hash brown, tomato, beans and scrambled egg.	Chicken kebab with salad and garlic mayo served in a flat bread	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Wednesday	Belgium Waffles with maple syrup.	Homemade soup and selection of sandwiches or freshly prepared hot dish of the day.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter. Hot chocolate.
Thursday	Hash brown, baked beans and Suffolk sausage.	Pork and ginger stir fry with black bean sauce	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Friday	Crispy bacon Wholemeal roll with ketchup.	Pizza selection with various topping served with potato wedges and salad	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Saturday	Hot butter croissants.	Grilled rump steak with a choice of sauces served with baked potato and coleslaw	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Sunday	Traditional full English breakfast. To include smoked bacon, sausage, beans, hash brown, tomato, beans and fried egg.	Traditional roast Sunday dinner served with all the trimmings followed by a special desert.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.

Breakfast always available: Choice of five cereals. Mixed fruit compote and Greek yogurt. Toast and preserves. Fresh apple juice, orange juice and milk.

Salad available daily: mixed leaves, tomato, cucumber, mixed sweet peppers, curried potato salad, coleslaw, mixed olives, tuna pasta salad, sweetcorn, beetroot.