

Boarders

	Breakfast	Evening Meal	Supper
Monday	Soft boiled eggs with toast soldiers	Hot sausage, cheese and onion baguette or hot ham and cheese baguette. Served with spiced wedges and peas.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Tuesday	Traditional full English breakfast. To include smoked bacon, sausage, beans, hash brown, tomato, beans and scrambled egg.	Stir-fry beef noodles with oriental vegetables or sweet and sour chicken and rice. Served with prawn crackers.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Wednesday	Belgium Waffles with maple syrup.	Homemade soup and selection of sandwiches or freshly prepared hot dish of the day.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter. Hot chocolate.
Thursday	Hash brown, baked beans and Suffolk sausage.	Meatball pasta bake served with corn on the cob and garlic bread.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Friday	Crispy bacon Wholemeal roll with ketchup.	Filled Yorkshire pudding served with cubed potatoes and mixed vegetables.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Saturday	Hot butter croissants.	Southern fried chicken served with piri piri chips and beans.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.
Sunday	Traditional full English breakfast. To include smoked bacon, sausage, beans, hash brown, tomato, beans and fried egg.	Traditional roast Sunday dinner served with all the trimmings followed by a special desert.	Choice of two cereals, toast, teacakes, crumpets with preserves and butter.

Breakfast always available: Choice of five cereals. Mixed fruit compote and Greek yogurt. Toast and preserves. Fresh apple juice, orange juice and milk.

Salad available daily: mixed leaves, tomato, cucumber, mixed sweet peppers, curried potato salad, coleslaw, mixed olives, tuna pasta salad, sweetcorn, beetroot.