

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausage & scrambled eggs Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled bacon & hash browns& Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausages & baked beans Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Hot buttered croissant Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Beef and winter vegetable pie</b> Or Chicken fillet with cream sauce	<b>Italian style meat balls with roast pepper and tomato sauce</b> Or Roast chicken with lemon and thyme	<b>Pork schnitzel with black pepper crumb</b> Or Beef goulash with garlic bread	Turkey, pancetta and sage casserole Or <b>Sausage and lentil casserole</b>	Fried fillet of cod with chips and peas Or Chicken curry and rice		
<b>Salad Bar and Vegetarian choices available</b>	<b>Salad Bar and Vegetarian choices available</b>	<b>Salad Bar and Vegetarian choices available</b>	<b>Salad Bar and Vegetarian choices available</b>	<b>Salad Bar and Vegetarian choices available</b>	<b>Salad Bar and Vegetarian choices available</b>	<b>Vegetarian choices available</b>
Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	, Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruits and yogurts	
<b>EVENING MEAL</b>	<b>EVENING MEAL</b>	<b>EVENING MEAL</b>	<b>EVENING MEAL</b>	<b>EVENING MEAL</b>	<b>EVENING MEAL</b>	<b>EVENING MEAL</b>
Bacon or fish finger baps with fries and salad	Burns night celebration Or Grilled gammon and sauté potatoes	Stir fry duck with plum sauce and noodles	Grilled beef Burgers with cheese , wedges and beans			
<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>	<b>Salad bar and Vegetarian choices available</b>
Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts