

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausage & scrambled eggs Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled bacon & hash browns& Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Grilled sausages & baked beans Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Hot buttered croissant Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk	Traditional full English breakfast Choice of cereals Fresh grapefruit and yogurts Toast and preserves Fresh apple and orange juice and milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Homemade chicken and leek pie Or Grilled gammon with pineapple	Spaghetti bolognaise Or Turkey escalope with rustic tomato sauce	Pork stroganoff with rice or chicken Balti curry with naan bread and chutney pizza, salad and new potatoes	Roast beef with Yorkshire pudding Or Roast leg of lamb with mint sauce	Homemade fish pie Or Fish cake with chips and peas	Homemade beef lasagna Or BBQ pork chop served with savory rice	Traditional roast Sunday lunch served with all the trimmings
Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Salad Bar and Vegetarian choices available	Vegetarian choices available
Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	, Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruit and yogurts	Selection of cold deserts, fresh fruits and yogurts	
EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL	EVENING MEAL
Grilled Sausage	Homemade Pizza with a selection of toppings Or Baked potato with fillings	A selection of sandwiches Served with a bowl of homemade soup Or Hot dish of the day	Southern fried chicken with sweet potato wedges and beans	Creamy chicken and bacon tagliatelle Or Beef risotto and garlic bread	Grilled rump steak with mushrooms and onion rings	Chefs choice
Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available	Salad bar and Vegetarian choices available
Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts	Fresh fruit and yogurts